

Valley Lodge

West Side Federation For Senior and Supportive Housing, Inc.

149 West 108th Street New York, NY 10025

Telephone: (212) 678-0570

Fax: (212) 678-0877



Valley Lodge is a 92 bed transitional shelter dedicated to serving older men and women who are homeless. Valley Lodge is sponsored by WSFSSH under contract with the New York City Department of Homeless Services. The goal of the program is to place each individual in appropriate affordable permanent housing. We focus on the individual. After an assessment process, we develop long and short term goals with the resident in the form of a contract and offer support and structures the resident needs to attain these goals. A resident is not referred to housing until s/he has fulfilled the provisions of the contract.

Services

- ◆ 24-hour staffing & security
- ◆ A full meal program
- ◆ Assistance with activities of daily living
- ◆ Escort services to appointments
- ◆ Medication supervision
- ◆ Money management
- ◆ A clean and sober environment
- ◆ An active recreation program
- ◆ On-site medical team
- ◆ On-site mental health services
- ◆ Intensive case management including:
 - Securing entitlement benefits
 - Referral to on-site and community medical, psychiatric, & addiction services
 - Assistance with goal setting & achievement
 - Referral to permanent housing

A structured program tailored to maximize individual independence in activities of daily living.

Admission and Referral Information:

- Women and men, age 50 and older
- Medically and/or mentally frail
- Free from communicable disease (recent TB screen required)
- Ambulatory
- Clients must make a commitment to participate in case management contract designed to secure permanent housing, including: money management, willingness to enter medical, psychiatric, and/or addiction services if deemed necessary, willingness to apply for benefits.

Shelter case workers please call to arrange an interview:

Karen Jorgensen
Director

Lili Bohan
*Associate
Director*

Dionisio Cruz
*Director of
Social Services*

212-678-0570 Monday-Friday 9 AM – 5 PM

Appropriate Affordable Permanent Housing: Valley Lodge places between 60-70 persons in permanent housing each year, with a very low rate of return to the shelter system. Placements include independent apartments, supportive SROs, congregate housing (adult homes and CR/SROs), and skilled nursing facilities. A contract with the NYS Office of Mental Health supports on-going assistance to eligible individuals after placement.



Valley Lodge is part of the West Side Federation for Senior and Supportive Housing, Inc. (WSFSSH) family of programs. WSFSSH is a community organization created to develop housing for low income people. Since 1976 WSFSSH has developed a wide variety of housing; today it is responsible for housing over 1700 people, with additional housing in development.