

# The 129<sup>th</sup> Street Residence

West Side Federation For Senior  
and Supportive Housing, Inc.

109 West 129<sup>th</sup> Street

New York, NY 10027

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*The 129<sup>th</sup> Street Residence* is a licensed adult care facility dedicated to serving older persons in the very heart of Harlem. Our caring staff provides services to residents 24-hours-a-day. Our structured setting encourages independence, yet provides security and assistance when needed. It is a place to find community in diversity.



## DIVERSITY

The 129<sup>th</sup> Street Residence is home to a diverse community of men and women over the age of 40. Some are long-time neighborhood residents while others have come from other parts of the city and have made Harlem their home. Within the community of the 129<sup>th</sup> Street Residence you will find residents who:

- ◆ Enjoy combining the security of structured living with independence
- ◆ Live in recovery from substance abuse
- ◆ Are living in permanent housing after a period of homelessness
- ◆ Are challenged by serious mental illness and who value being a part of the larger community
- ◆ Live with developmental disabilities and who have found a safe and permanent place to live as their caregivers grow older

## COMMUNITY

Within the diversity of the 129<sup>th</sup> Street Residence, you will find community in:

- ◆ Meals shared around tables in the dining room each day
- ◆ Regular Residents' Meetings where the Residence community gathers to make decisions about the life of the residence (e.g., menus, activities, house rules)
- ◆ Our in-house recreation program, which provides opportunities to join other residents for games, movies, and crafts
- ◆ Regular group meetings about topics ranging from current events to spiritual issues
- ◆ Field trips taken together to local restaurants, comedy clubs, sporting events, apple-picking in the country, and new adventures yet-to-come
- ◆ The day-to-day lives of residents and staff who live and work together in an atmosphere of **safety, dignity, and mutual respect**

## Services

- ◆ 24-hour staffing & security
- ◆ Housekeeping services
- ◆ On-site nursing consultations
- ◆ Benefits and entitlements assistance
- ◆ Escort services to appointments
  - ◆ Assistance arranging medical, dental, and specialist care
- ◆ A structured program tailored to maximize individual independence
- ◆ Full meal program
- ◆ Medication supervision
- ◆ On-site mental health services
- ◆ On-site laundry facilities
- ◆ Active recreation program



EQUAL HOUSING  
OPPORTUNITY

